

# WellNurtureMD HRT/TRT Fee Structure

|                        | SERVICE                                        | DESCRIPTION                                                                                                                                                           | FEES                             |
|------------------------|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|
| STEP 1                 | Consent                                        | Medical screening to determine eligibility for treatment                                                                                                              | \$0                              |
| STEP 2                 | Initial Health Assessment<br><b>Naturopath</b> | <b>Online</b> assessment to create a medical profile, Includes scheduled follow up (via telehealth) to review content.<br>(receipt for insurance issued after review) | \$195.50 (\$170 +HST) *          |
| INITIAL TESTING        | Hormone panel (private lab)                    | Provision of hormone bloodspot/saliva test kit by prescription. (+/- other necessary labs)                                                                            | \$250 no HST + \$20 if couriered |
| REVIEW OF LAB RESULTS  | <b>Naturopath</b>                              | Review of laboratory findings to prepare for appointment with the physician. Includes personalized HRT directives.                                                    | \$138 (\$120 +HST) *             |
| INITIAL CONSULTATION   | <b>Physician</b>                               | Initial Consultation with an HRT/TRT certified physician                                                                                                              | \$295 no HST *                   |
| FOLLOW UP RETESTING    | Hormone panel (private lab)                    | Timeline recommended (3, 6, 9 or 12 months) with results reviewed by the physician during your next scheduled follow up                                               | \$125 - \$150 no HST             |
| FOLLOW UP CONSULTATION | <b>Physician</b>                               | Annual (or any additional requested follow-up) with the physician                                                                                                     | \$195 no HST *                   |
| FOLLOW UP (GENERAL)    | <b>Naturopath</b>                              | Teaching, troubleshooting related to treatment, symptom assessment or other concerns that require evaluation                                                          | \$90 + HST *                     |
| CANCELLATION POLICY    | <b>Cancellation &lt;24hr notice or No Show</b> | Fee equalling <b>50%</b> of the scheduled appointment will be billed for cancellations with < 24hrs notice or no show (rendered prior to rescheduling)                |                                  |

## IMPORTANT FACTS TO NOTE:

- Length of use of HRT/TRT (months/years) is reviewed annually, ongoing, or situationally by the MD's influenced by individual circumstance and the guidelines set forth by medical experts or governing bodies.
- Invoices are provided for each service for submission to your private health insurance plan (some aspects may be covered identified by an asterisk) most can be used for income tax purposes.
- All services are private pay with no direct billing**
  - Total first year costs** with fluctuating variability **\$1225 - \$1620** (prescription fees not included) This year includes all the initial onboarding thus is more extensive.
  - Each year thereafter**, annual fee for testing is currently **\$150** if done privately + follow up with the physician **\$195**. (prescription fees not included)
- No refunds issued once services are rendered**