

WellNurtureMD HRT/TRT Fee Structure

	SERVICE	DESCRIPTION	FEES
STEP 1	Consent	Medical screening to determine eligibility for treatment	\$0
STEP 2	Initial Health Assessment Naturopath	Online assessment to create a medical profile, Includes scheduled follow up (via telehealth) to review content. (receipt for insurance issued after review)	\$195.50
INITIAL TESTING	Hormone panel (private lab)	Provision of hormone bloodspot/saliva test kit by prescription. (+/- other necessary labs)	\$250
REVIEW OF LAB RESULTS	Naturopath	Review of laboratory findings to prepare for appointment with the physician. Includes personalized HRT directives.	\$138
INITIAL CONSULTATION	Physician	Initial Consultation with an HRT/TRT certified physician	\$295
FOLLOW UP RETESTING	Hormone panel (private lab)	Timeline recommended (3, 6, 9 or 12 months) with results reviewed by the physician during your next scheduled follow up	\$125 - \$150
FOLLOW UP CONSULTATION	Physician	Annual (or any additional requested follow-up) with the physician	\$195
FOLLOW UP (GENERAL)	Naturopath	Teaching, troubleshooting related to treatment, symptom assessment or other concerns that require evaluation	\$69 – 30 min. \$138 – 60 min.
CANCELLATION POLICY	Cancellation <24hr notice or No Show	Fee equalling 50% of the scheduled appointment will be billed for cancellations with < 24hrs notice or no show (rendered prior to rescheduling)	

IMPORTANT FACTS TO NOTE:

- Length of use of HRT/TRT (months/years) is reviewed annually, ongoing, or situationally by the prescribers (influenced by individual circumstance and the guidelines set forth by medical experts).
- Invoices are provided for each service for submission to your private health insurance plan (some aspects may be covered) and income tax purposes.
- **All services are private pay with no direct billing**
 - **Total first year costs** with fluctuating variability **\$1470 - \$1620** (prescription fees not included)
 - **Each year thereafter**, annual fee for testing + follow up with the physician **\$320 - \$345** (prescription fees not included)
- **No refunds issued once services are rendered**