

WellNurtureMD HRT Evaluation Steps & Treatment Fees

	SERVICE	DESCRIPTION	FEES
STEP 1 (one time)	Consent	+ Medical screening questionnaire to determine eligibility for our services.	\$0
STEP 2 (one time)	Initial assessment	Online assessment to create a medical profile. Includes follow up (via telehealth) with a Naturopath to review content and recommended testing.	\$195.50 billed to Naturopathy
TESTING (first time)	Hormone testing	Provision of basic hormone bloodspot test kit by prescription (+/- other labs as necessary).	\$250
ENCOUNTER #1 (one time)	Review of lab results	Review of laboratory findings with a Naturopath to prepare for visit with the physician. Includes HRT teaching post physician visit.	\$138 billed to Naturopathy
INITIAL CONSULTATION	Physician MD consultation	Initial Consultation with one of our physicians.	\$295
Follow up Testing	Hormone testing	As recommended by the physician, either at 3 or 6 months.	\$125 - \$150
ANNUAL TESTING	Hormone testing	Basic components needed to assess the effectiveness of your HRT.	\$125 - \$150
ANNUAL VISIT Physician	Physician MD annual consultation	Annual (or any requested follow-up) with a physician	\$195
Naturopathy	Follow-up with Naturopath	Unforeseen health changes, symptom assessment or other concerns that require an appointment	\$69 – 30 min. \$138 – 60 min.
Cancellation Policy	Cancellation (<24hr notice) or No Show	Fee equalling 50% of the scheduled appointment will be billed for cancellations with < 24hrs notice or no show (must be paid prior to rescheduling)	

IMPORTANT FACTS TO NOTE:

- Length of use of HRT (months/years) is reviewed annually, ongoing, or situationally by the prescribers (influenced by individual circumstance and the guidelines set forth by medical experts).
- Invoices are provided for submission to your private health insurance plan. **Therefore, all services are private pay with no direct billing.**
 - **Total first year costs** with fluctuating variability **\$1470 - \$1620** (prescription fees not included).
 - **Each year thereafter**, annual fee for testing + follow up with the physician **\$320 - \$345** (prescription fees not included).
- **No refunds once services are rendered.**