

# WellNurtureMD HRT Evaluation Steps & Treatment Fees

	SERVICE	DESCRIPTION	FEES
<b>STEP 1 (one time)</b>	Consent	+ Medical screening questionnaire to determine eligibility for our services.	\$0
<b>STEP 2 (one time)</b>	Initial assessment	Online assessment to create a medical profile. Includes follow up (via telehealth) with a <b>Naturopath</b> to review content and recommended testing.	\$195.50 billed to Naturopathy
<b>TESTING (first time)</b>	Hormone testing	Provision of basic hormone bloodspot test kit by prescription (+/- other labs as necessary).	\$250
<b>ENCOUNTER #1 (one time)</b>	Review of lab results	Review of laboratory findings with a <b>Naturopath</b> to prepare for visit with the physician. Includes HRT teaching post physician visit.	\$138 billed to Naturopathy
<b>INITIAL CONSULTATION</b>	<b>Physician MD</b> consultation	Initial Consultation with one of our physicians.	\$295
<b>Follow up Testing</b>	Hormone testing	As recommended by the physician, either at 3 or 6 months.	\$125 - \$150
<b>ANNUAL TESTING</b>	Hormone testing	Basic components needed to assess the effectiveness of your HRT.	\$125 - \$150
<b>ANNUAL VISIT Physician</b>	<b>Physician MD</b> annual consultation	Annual (or any requested follow-up) with a physician	\$195
<b>Naturopathy</b>	Follow-up with <b>Naturopath</b>	Unforeseen health changes, symptom assessment or other concerns that require an appointment	\$69 – 30 min. \$138 – 60 min.
<b>Cancellation Policy</b>	<b>Cancellation (&lt;24hr notice) or No Show</b>	Fee equalling 50% of the scheduled appointment will be billed for cancellations with < 24hrs notice or no show (must be paid prior to rescheduling)	

## **IMPORTANT FACTS TO NOTE:**

- Length of use of HRT (months/years) is reviewed annually, ongoing, or situationally by the prescribers (influenced by individual circumstance and the guidelines set forth by medical experts).
- Invoices are provided for submission to your private health insurance plan. **Therefore, all services are private pay with no direct billing.**
  - **Total first year costs** with fluctuating variability **\$1470 - \$1620** (prescription fees not included)
  - **Each year thereafter**, annual fee for testing + follow up with the physician **\$320 - \$345** (prescription fees not included)